



NEWS RELEASE

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How Healthy Is Your Heart?

FOR IMMEDIATE RELEASE

SHEBOYGAN, Wis. —*February 8, 2010*—Francisco J. Soto, M.D., M.S. is presenting *Why am I so breathless: Recognizing the signs of heart failure* on February 16, 2010, from 6:00 p.m. to 7:30 p.m. at St. Nicholas Hospital (3100 Superior Ave.) in the Christopher Room. Learn to recognize the important signs and symptoms of heart failure and how early detection, treatment and lifestyle changes can improve heart health. This event is free and open to the public. Register by calling (920) 459-4636 or visit www.prevea.com.

Dr. Soto is a Critical Care and Sleep Medicine specialist at Prevea Health. His area of knowledge extends to heart health, and the physical and emotional effects heart disease can have on a person. As part of American Heart Month, he is helping to bring awareness of this disease.

For an appointment or more information, please call (920) 458-5864 or 888-2PREVEA.

Prevea Health's mission is to care for people with passion, pride, and respect. Founded in 1996, Prevea Health partners with St. Mary's and St. Vincent Hospitals in Green Bay, and St. Nicholas Hospital in Sheboygan to provide access to more than 200 providers in over 50 specialty areas. Prevea's 20 locations are throughout metropolitan Green Bay and in Kewaunee, Marinette, Oconto, Plymouth, Pulaski, Seymour, Sheboygan and Sturgeon Bay. Visit www.prevea.com for more information.

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