



NEWS RELEASE

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Pints & Pointers Series Moves to Titledown

FOR IMMEDIATE RELEASE

GREEN BAY, Wis. —*February 25, 2010*—Are you a first time marathoner? Then the next Pints & Pointers event is for you! Fittingly called *First Timer's Session (AKA, There are no dumb questions!)*, the event invites first-time marathoners with lots of questions, as well as veteran marathoners with lots of answers, to Titledown Brewing Co., 200 Dousman Street, from 7:00 to 8:00 p.m. on Wednesday, March 3, for conversations on what it takes to run the Cellcom Green Bay Marathon.

Designed to help those who will be running their first marathon or half marathon, Larry Lueck, First Timer Director for Cellcom Green Bay Marathon will address common “first timer” questions—whether on training, the event itself, or the life in general. Veteran marathoners and half marathoners are encouraged to attend to provide support and share real-life experiences.

Pints & Pointers is an educational series sponsored by Prevea Health, where experts answer questions and offer tips on running the Cellcom Green Bay Marathon. Members of the Prevea Health Sport Medicine team and Cellcom Marathon are on hand at each event. Now, the series adds the “pints” to its pointers when it moves to Titledown on March 3 for the remainder of the series. Participants can relax, enjoy refreshments, mingle and learn from fellow runners.

Remaining sessions are:

April 7	3G—Gadgets, Gear and GU
May 5	Drive, Grit, Determination...Successful Stories for Inspiration

For more information and full schedule, visit www.prevea.com/calendar.

Prevea Health’s mission is to care for people with passion, pride, and respect. Founded in 1996, Prevea Health partners with St. Mary’s and St. Vincent Hospitals in Green Bay, and St. Nicholas Hospital in Sheboygan to provide access to more than 200 providers in over 50 specialty areas. Prevea’s 20 locations are throughout metropolitan Green Bay and in Kewaunee, Marinette, Oconto, Plymouth, Pulaski, Seymour, Sheboygan and Sturgeon Bay. Visit www.prevea.com for more information.

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