



## **NEWS RELEASE**

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### **Prevea Welcomes Back Massage Therapy Services**

FOR IMMEDIATE RELEASE

GREEN BAY, Wis.—May 15, 2009— Prevea Health is happy to once again offer Massage Therapy. Please welcome Paul Peot, CMT and Miranda Kristoff, CMT to Prevea Health. Paul and Miranda offer Massage Therapy services including Therapeutic, Sport and Prenatal Massage at the Ashwaubenon Health Center, 760 Pilgrim Way, Green Bay, near Bay Park Square mall. Offices are near the Core Performance Center in the lower level. Office hours are Monday through Friday and vary between 6:00 a.m. and 7:00 p.m. Call 920-272-1226 for more information or to schedule an appointment.

This is one of the few places in the Green Bay area that offers Sports Massage. This form of massage uses a firm but gentle pressure to stimulate circulation of blood and lymph fluids, break down knots in the muscles, and increase range of motion. While athletes often use this form of massage to prepare their bodies for optimal performance, it is also good for people with injuries, chronic pain or restricted range of motion. “This type of massage really fits in with what we do in the Sports Medicine Clinic as a whole, and our focus on whole patient care,” said Mark McCartney, the Core Performance Center Coordinator.

The full menu of Massage Therapy services include:

**Therapeutic Massage**

30 Minutes \$30  
60 Minutes \$55  
90 Minutes \$75

**Sport Massage**

15 - 20 Minutes \$20

**Prenatal Massage**

60 Minutes \$60

**Massage Packages**

Therapeutic Massages (60 Minutes) \$500  
10 Sport Massages \$180

Founded in 1996, Prevea Health partners with St. Mary’s and St. Vincent Hospitals in Green Bay, and St. Nicholas Hospital in Sheboygan to provide access to more than 200 providers in over 50 specialty areas. Prevea’s 18 locations are throughout metropolitan Green Bay and in Marinette, Oconto, Plymouth, Pulaski, Seymour, Sheboygan and Sturgeon Bay. Visit [www.prevea.com](http://www.prevea.com) for more information.

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